

Forschungswebseite: Quellenangaben - Haupttext

1. Girke M. Innere Medizin - Grundlagen und therapeutische Konzepte der Anthroposophischen Medizin Berlin: Salumed-Verlag; 2020.
2. Kienle GS, Kiene H and Albonico HU. Anthroposophische Medizin in der klinischen Forschung. Stuttgart: Schattauer; 2006.
3. CAHCIM. Definition of integrative medicine and health. <https://imconsortium.org/about/introduction/> (23.05.2023).
4. Antonovsky A. Unraveling the mystery of health. How people manage stress and stay well. San Francisco, London: Jossey-Bass; 1987.
5. Kröz M, Büssing A, von Lave HB, Reif M, Feder G, Schad F, Girke M and Matthes H. Reliability and validity of a new scale on internal coherence (ICS) of cancer patients. Health and quality of life outcomes. 2009;7:59. doi: [10.1186/1477-7525-7-59](https://doi.org/10.1186/1477-7525-7-59)
6. Hildebrandt G. Therapeutische Physiologie In: W. Amelung, Hildebrandt, G., ed. Band 1 Therapeutische Physiologie Grundlagen Kurortbehandlung Berlin etc.: Springer; 1985: 4-108.
7. Heckmann C and Gutenbrunner C. Funktionelle Hygiogenese Grundlagen der adaptiven Normalisierung. Bad Homburg: VAS; 2013.
8. Kröz M, Reif M, Pranga D, Zerm R, Schad F, Baars EW and Girke M. The questionnaire on autonomic regulation: a useful concept for integrative medicine? Journal of integrative medicine. 2016;14:315-21. doi: [10.1016/S2095-4964\(16\)60264-9](https://doi.org/10.1016/S2095-4964(16)60264-9)
9. Meyer U. "Studieren Sie den Rhythmus - Rhythmus trägt Leben." Das Gespräch Steiner/Hauschka im Kontext der Arnheimer Vorträge 1924 Der Merkurstab. 2008;61:263-269.
10. Aschoff J. Circadian Clocks. Amsterdam: North Holland Press; 1965.
11. Czeisler CA, Duffy JF, Shanahan TL, Brown EN, Mitchell JF, Rimmer DW, Ronda JM, Silva EJ, Allan JS, Emens JS, Dijk DJ and Kronauer RE. Stability, precision, and near-24-hour period of the human circadian pacemaker. Science (New York, NY). 1999;284:2177-81. doi: [10.1126/science.284.5423.2177](https://doi.org/10.1126/science.284.5423.2177)
12. Bartsch C, Bartsch H and Mecke D. Analysis of Melatonin in Patients with Cancer of the Reproductive System. In: C. Bartsch, H. Bartsch, D. Blask, D. Cardinali, W. Hrushesky and D. Mecke, eds. The Pineal Gland and Cancer Berlin, Heidelberg, New York: Springer; 2001: 153-176. doi: [10.1007/978-3-642-59512-7_6](https://doi.org/10.1007/978-3-642-59512-7_6)
13. Boivin DB, Czeisler Ca, Dijk DJ, Duffy JF, Folkard S, Minors DS, Totterdell P and Waterhouse JM. Complex interaction of the sleep-wake cycle and circadian phase modulates mood in healthy subjects. Arch Gen Psychiatry. 1997;54:145-52. doi: [10.1001/archpsyc.1997.01830140055010](https://doi.org/10.1001/archpsyc.1997.01830140055010)
14. Touitou Y, Levi, F., Bogdan, A., Benavides, M., Bailleul, F., Misset, J.L. Rhythm alteration in patients with metastatic breast cancer and poor prognosis factors. Cancer Res Clin Oncol. 1995;121:181-188. doi: [10.1007/BF01198101](https://doi.org/10.1007/BF01198101)

15. Hastings M, Reddy A and Maywood E. A clockwork web: Circadian timing in brain and periphery, in health and disease. *Nature reviews neuroscience*. 2003;4:649-661. doi: [10.1038/nrn1177](https://doi.org/10.1038/nrn1177)
16. Huisman SA, Oklejewicz M, Ahmadi AR, Tamanini F, Ijzermans JNM, van der Horst GTJ, and de Bruin RW. Colorectal liver metastases with a disrupted circadian rhythm phase shift the. *International journal of cancer*. 2015;136:1024-32. doi: [10.1002/ijc.29089](https://doi.org/10.1002/ijc.29089)